

Health and illness

Lesson code: KXEZ-F7IE-JSIH

INTERMEDIATE

1 Describing symptoms

Match the symptoms with the pictures below:

I feel like vomiting.
I've got a headache.
I've got a sore throat.

I keep sneezing.
I've got an upset stomach.
I've got a temperature.

I've been coughing a lot.
I've got a runny nose.
I've got breathing problems.



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



2 Common conditions

Translate the following common problems into your own language.

a cold asthma a hangover food poisoning an allergy
migraine the flu

Work in pairs. Student A, select one illness from above, and describe the symptoms only to Student B. Student B, try to guess the illness. Change roles and repeat the exercise. Example:

Student A: I've got a temperature and I feel like vomiting.

Student B: You've got food poisoning.

3 Ache or pain?

Look at the following examples and then describe pain in the places below.

I've got a terrible headache.
My leg hurts.
I've got a pain in my chest.

arm back ear eye finger stomach tooth

4 Remedies

Look at the following list of remedies. Match them to the common health problems on the right.

Remedy

1. antibiotics
2. an aspirin
3. a decongestant
4. moisturizer
5. tissues
6. a lozenge
7. sleeping pills

Problem

- a. a bacterial infection
- b. a blocked nose
- c. a migraine
- d. a runny nose
- e. a sore throat
- f. dry skin
- g. insomnia

Do you use any of the above remedies? Why/Why not?



5 Injuries

Complete the sentences below with the following words:

broke

bruise

burnt

cut

twisted

wound

1. John got punched in the face during a fight. Now he has a big _____ under his eye.
2. I _____ my finger while I was slicing an onion with a kitchen knife.
3. Pedro fell off his bike and _____ his arm. Now he is recovering in hospital.
4. I _____ my ankle while I was playing football. I don't think I'll be ready to play again for another few weeks.
5. I accidentally spilled hot coffee and _____ my hand.
6. I fell down the stairs and hit my head. It left a deep _____ in my forehead.

Study the following solutions/treatments and match them to the injuries above:

a bandage

a sling

an ice pack

cold running water

a plaster

rest

6 Talking point

Discuss any the following questions with your partner:

1. Have you ever broken any bones? What happened?
2. What illnesses are common in your country? What causes them?

