

# Health and illness

Lesson code: KXEZ-F7IE-JSIH

### **INTERMEDIATE**

## **1** Describing symptoms

#### Match the symptoms with the pictures below:

I feel like vomiting. I've got a headache. I've got a sore throat.



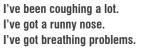
I keep sneezing. I've got an upset stomach. I've got a temperature.



2.









3.



6. .





4.

7.



5.



# 2 Common conditions

Translate the following common problems into your own language.

a cold	oothmo	a hangover	0	
migraine	asthma	the flu	food poisoning	

Work in pairs. Student A, select one illness from above, and describe the symptoms only to Student B. Student B, try to guess the illness. Change roles and repeat the exercise. Example:

Student A: I've got a temperature and I feel like vomiting. Student B: You've got food poisoning.

## **3** Ache or pain?

Look at the following examples and then describe pain in the places below.

		l've got	a terrible heada	che.		
		My leg hurts. I've got a pain in my chest.				
arm	back	ear	eye	finger	stomach	tooth

# **4** Remedies

Look at the following list of remedies. Match them to the common health problems on the right.

a. a bacterial infection

b. a blocked nose

c. a migraine

d. a runny nose

### Remedy

#### Problem

- 1. antibiotics
- 2. an aspirin
- 3. a decongestant
- 4. moisturizer
- 5. tissues
- e. a sore throat dry skin
- 6. a lozenge f. 7. sleeping pills
  - g. insomnia

### Do you use any of the above remedies? Why/Why not?







# 5 Injuries

### Complete the sentences below with the following words:

bro	ke bruise	burnt	cut	twisted	wound
1.	John got punched in the	_ under his eye.			
2.	I my finger while I was slicing an onion with a kitchen knife.				
3.	Pedro fell off his bike and	d t	his arm. Now he	is recovering in h	ospital.
4.	4. I my ankle while I was playing football. I don't think I'll be ready to play again for another few weeks.				
5.	I accidentally spilled hot	coffee and	my hai	nd.	
6.	I fell down the stairs and	hit my head. It le	eft a deep	in my fore	ehead.
Study the following solutions/treatments and match them to the injuries above:					

### a bandage an ice pack a plaster a sling cold running water rest

# 6 Talking point

### Discuss any the following questions with your partner:

- 1. Have you ever broken any bones? What happened?
- 2. What illnesses are common in your country? What causes them?



